



Los Molinos High School Daily Bulletin



Tuesday - Jan 22, 2019

TODAY'S MENU: Mac and Cheese

Lunch Workers: (Class of 2020) – Alejandro Araiza, Eric Belcher & Sergio Cardenas

Early Lunch: Seniors

Weekly Schedule:

Monday..... Martin Luther King Jr. Day – No School
Coverage.....

Tuesday.....Key Club meeting @ lunch in room A2
Coverage.....

Wednesday.....Minimum Day – 12:55 p.m. release
Coverage.....A. Shnayer for Konopka

Thursday.....FCCLA Officer meeting @ lunch in room 210
Coverage.....

Friday..... FCCLA meeting @ lunch in room 210
Coverage.....J. Daricek for Jones 6th -7th period
H, Ward for Tenneson

This Week in Sports

<u>Mon – Jan 21</u>	<u>Tues – Jan 22</u>	<u>Wed – Jan 23</u>	<u>Thurs – Jan 24</u>	<u>Fri – Jan 25</u>
	Boys and Girls Basketball vs. Mercy 3:00 p.m.	Soccer @ Live Oak 3:15 p.m.		Boys and Girls Basketball vs. Chester 4:00 p.m. Soccer @ Esparto 3:15 p.m.



Fact or Myth: Alcohol is a stimulant.

Myth: Alcohol is technically classified as a depressant. While it can make you feel relaxed initially, when consumed in excess, it slows down important body function, including breathing and the body's gag reflex. It can also result in slurred speech, blurred vision, and impaired judgment. Alcohol overdoes can lead to vomiting, seizures, irregular breathing, unconsciousness and even death.

Come attend the first FFA chapter meeting of the year on Wednesday, Jan 23 @ 6:00 p.m. in the cafeteria. Get updated on what events are coming up and throwback to last semester with an awesome animoto and a great time. This is an opportunity to earn an FFA credit.

Attention Bulldogs: The spring semester C.S.F. applications are due January 24th at 3:15pm in room A1. Please make sure your application is complete and you submit your transcript that includes last semester's grades. Thank you!

JANUARY BIRTHDAYS

1/02 - Joceliny Mercado

1/05 - Cory Curry

1/08 - Giovanni Pena

1/10 - Giselle Correa

1/16 - Clay Ames

1/19 - Jacob Pinheiro

1/20 - Joana Coyote

1/21 - Andrea Sanchez

1/22 - Eduardo Garibay

1/23 - Hiram Lamkins

1/23 - Kevin Rodriguez

1/25 - Paul Vadney

1/29 - Yahir Langarica

1/31 - Lesly Ramirez

1/31 - Odalys Ordaz

